

Implementation Phase			
<b>Year Group:</b>	Five	<b>Unit:</b>	Football

<p><b>Prior Learning Required – Year Four Progression Maps Objectives:</b></p> <ul style="list-style-type: none"> <li>• Move the ball keeping it under control whilst changing direction.</li> <li>• Apply basic attacking and defending principles such as finding and using space in game situations.</li> <li>• Pass, shoot and receive a ball with increasing accuracy, control and success.</li> <li>• Challenge a player in possession of the ball.</li> <li>• Employ and explain simple tactics in game situations.</li> <li>• Learn to recognise your own success.</li> <li>• Describe how your body feels when exercising and understand the link between heart rate and breathing when exercising.</li> </ul>
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<b>National Curriculum Links</b>	<p>2a: Use running, jumping, throwing, and catching in isolation and in combination.</p> <p>2b: Play competitive games, modified where appropriate, and apply basic principles suitable for attacking and defending.</p> <p>2f: Compare their performances with previous ones and demonstrate improvement to achieve their personal best.</p>	
<b>Pillars of Progression</b>	<ul style="list-style-type: none"> <li>• Continued progress of <b>Motor Competence</b>.</li> <li>• Understanding and applying <b>Rules, Strategies</b> and <b>Tactics</b>.</li> <li>• <b>Healthy Participation</b>; making safe long-term decisions and understanding the relationships between physical activity and its effect on the body.</li> </ul>	
<b>Key Unit Objectives</b> (Key skills addressed to achieve success throughout the unit)	<ul style="list-style-type: none"> <li>• Step 1: To confidently pass accurately.</li> <li>• Step 2: To choose when to dribble, when to pass and when to shoot.</li> <li>• Step 3: To defend in a team.</li> <li>• Step 4: To compete in small sided games.</li> <li>• Step 5: To mark a player to stop them getting the ball.</li> <li>• Step 6: To decide on ways to defend in games.</li> </ul>	<p><b>Progression Map Links</b> (Ensure pupils progress &amp; move forward throughout their primary school years)</p>
<b>Resources &amp; Equipment</b>	<ul style="list-style-type: none"> <li>• Footballs</li> <li>• Goals</li> <li>• Bibs</li> <li>• Cones</li> <li>• Marker spots</li> </ul>	<p><b>Declarative Knowledge:</b></p> <ul style="list-style-type: none"> <li>• Learn how to evaluate and recognise success.</li> <li>• Understand how physical activity can contribute to a healthy lifestyle.</li> <li>• Choose different formations to suit the needs of the game.</li> </ul> <p><b>Procedural Knowledge:</b></p> <ul style="list-style-type: none"> <li>• Apply basic principles for defending - Defend by marking, covering, and tracking opponents as appropriate.</li> <li>• Participate in competitive games, modified where appropriate.</li> <li>• Perform skills (e.g. passing) with accuracy, confidence and control whilst developing technique.</li> <li>• Keep possession of the ball when faced with opponents.</li> <li>• Apply basic principle for attacking – Use a variety of tactics to keep possession of the ball.</li> </ul>
<b>Key Vocabulary</b>	<ul style="list-style-type: none"> <li>• Marking</li> <li>• Tactics</li> <li>• Accuracy</li> <li>• Experiment</li> <li>• Possession</li> <li>• Support</li> <li>• Tackle</li> <li>• Defence</li> <li>• Opposition</li> <li>• Patience</li> <li>• Power</li> <li>• Referee</li> </ul>	