

Implementation Phase

Year Group: Five Unit: Handball

Prior Learning Required – Year Four Progression Maps Objectives:

- Get into good positions to pass and receive the ball. Pass the ball using different techniques.
- Develop set moves that can be used in attacking play.
- Show growing control and consistency during games.
- Choose and adapt techniques and tactics to keep possession of the ball and give you a chance to shoot or score.
- Know, keep, and follow the rules of the game.
- Identify what skills they need to practice.
- Develop the understanding of the importance of speed and stamina when playing invasion games.

<p>National Curriculum Links</p>	<p>2a: Use running, jumping, throwing, and catching in isolation and in combination. 2b: Play competitive games, modified where appropriate, and apply basic principles suitable for attacking and defending. 2f: Compare their performances with previous ones and demonstrate improvement to achieve their personal best.</p>	<p>Pillars of Progression</p> <ul style="list-style-type: none"> • Continued progress of Motor Competence. • Understanding and applying Rules, Strategies and Tactics. • Healthy Participation; making safe long-term decisions and understanding the relationships between physical activity and its effect on the body.
<p>Key Unit Objectives (Key skills addressed to achieve success throughout the unit)</p>	<ul style="list-style-type: none"> • Step 1: To pass/ send a ball whilst on the move. • Step 2: To shoot with accuracy. • Step 3: To pass the ball over different distances whilst moving. • Step 4: To choose positions to help when attacking. • Step 5: To move with speed and purpose. • Step 6: To play modified games against others. 	<p>Progression Map Links (Ensure pupils progress & move forward throughout their primary school years)</p> <p>Declarative Knowledge:</p> <ul style="list-style-type: none"> • Find ways to get the ball towards your opponent’s goal, knowing when to pass, when to dribble or travel with the ball. • Watch and evaluate the success of a game, whilst recognising parts of a performance that could be improved and identifying practices that will help. • Suggest ideas for warming up and explain your choices. • Explain how your body reacts and feels when you play different games and understand how the muscles work – work by getting shorter, relax by getting longer.
<p>Resources & Equipment</p>	<ul style="list-style-type: none"> • Handballs or similar size balls • Bibs • Cones • Marker spots 	<p>Procedural Knowledge:</p> <ul style="list-style-type: none"> • Perform skills, such as passing and shooting with accuracy, control, and confidence. • Change speed and direction to get away from a defender. • Use a variety of tactics, like use of space and positions to keep the ball.
<p>Key Vocabulary</p>	<ul style="list-style-type: none"> • Decision Making • Evade • Evaluate • Overhead • Track • Mark • Possession • Communicate • Loop • Technique 	